

ODYSSEY of the MIND

is b**EGG**ing for your help!!

We are collecting PAPER EGG CARTONS of ALL SIZES!!

Especially the one shown below.



THE INCREDIBLE EDIBLE EGG

Did you know...?

- Eggs are one of the cheapest proteins you can get at about 20 cents each? So, eat a little **EGGS-tra**, because The MORE you BUY the MORE you Save! And they last up to 5 weeks in your fridge!
- Eggs are a nutritional powerhouse, each eggs contain 6g of protein; great for building muscle and providing energy, making you **EGGS-ceptionally** STRONG!
- Eggs are an **EGGS-cellent** source choline which helps build healthy cells
- Eggs contain 9 essential amino acids; how **EGGS-citing**!!
- Eggs are gluten free and sugar free; Whoa! I am **shell**-shocked...!!

So let's take this **EGGS-cellent** opportunity to....EAT EGGS and help contribute EGG CARTONS to support the

OPS Odyssey Team!!

We are so **eggs-cited** to show you what we can do!

Please have students bring EGG CARTONS to school and leave it in Ms. Schaum's Hallway

THANK YOU!!