

# **A FREE Workshop for Parents/Guardian/Care Givers**

## **Bergen County Regions I, II, III, V and VI**

### **Presenting:**

## **Activities & Resources to Manage Behaviors for Autism & Sensory Processing Disorders**

**Come out and join us for this free and informative workshop  
from a nationally recognized speaker in the field of autism.**

***Presented by: Kathleen Morris, a nationally recognized therapist, a member of ASHA & an associate member of the AOTA with extensive experience in public schools & private practice settings, working with children with autism & sensory issues & other developmental challenges. Kathleen is a foremost sensory expert and the founder/publisher of S.I. Focus Magazine ([www.SIfocus.com](http://www.SIfocus.com))***

**DATE: January 16, 2012**

**Time: 6:30 - 8:30 p.m.**

**LOCATION: Demarest High School Auditorium  
(162 Knickerbocker Road, Demarest, NJ)**

**This workshop will highlight age-specific activities for children to focus on tasks for home and school. Provide resources to develop a sensory diet, improve sleep, enhance self-regulation and improve social skills. Provide strategies specific for classroom, playground and home settings and to prevent and manage inappropriate behaviors and melt-downs.**

**The participant will be able to: \* Develop & implement strategies for achieving the optimal state of arousal for learning. \* Identify age-specific activities for children to enhance their ability to attend and focus on tasks for home and school. \* Incorporate behavioral strategies using effective communication techniques to help prevent & manage melt-downs. \* Identify the purpose of self-stimulating behaviors and how to address them. \* Implement practical school accommodations for indoor and outdoor sensory needs. \* Discuss common inappropriate behaviors and formulate resolutions. \* Identify resources available to develop a sensory diet, improve sleep, enhance self-regulation & improve social skills**

**Registration is not required.**

**If you need special accommodations please contact Kathy Vuoncino at [Vuoncino@nvnet.org](mailto:Vuoncino@nvnet.org) or call 201-767-7224 ext. 6**

**Child Care is not available**