

**A FREE Workshop for Parents/Guardians/Care Givers
Bergen County Regions I, II, III, V and VI
Presenting:
Activities & Resources to Manage Behaviors for Autism &
Sensory Processing Disorders**

**Come out and join us for this free and informative workshop from a
nationally recognized speaker in the field of autism.**

Presented by: Kathleen Morris, a nationally recognized therapist, a member of ASHA & an associate member of the AOTA with extensive experience in public schools & private practice settings, working with children with autism & sensory issues & other developmental challenges. Kathleen is a foremost sensory expert and the founder/publisher of S.I. Focus Magazine (www.SIfocus.com)

DATE: January 16, 2012 Time: 6:30 – 8:30 p.m.
LOCATION: Demarest High School Auditorium
(162 Knickerbocker Road, Demarest, NJ)

This workshop will highlight age-specific activities for children to focus on tasks for home and school. Provide resources to develop a sensory diet, improve sleep, enhance self-regulation and improve social skills. Provide strategies specific for classroom, playground and home settings and to prevent and manage inappropriate behaviors and melt-downs.

The participant will be able to: *Develop & implement strategies for achieving the optimal state of arousal for learning. *Identify age-specific activities for children to enhance their ability to attend and focus on tasks for home and school. *Incorporate behavioral strategies using effective communication techniques to help prevent & manage melt-downs. *Identify the purpose of self-stimulating behaviors and how to address them. *Implement practical school accommodations for indoor and outdoor sensory needs. *Discuss common inappropriate behaviors and formulate resolutions. *Identify resources available to develop a sensory diet, improve sleep, enhance self-regulation & improve social skills

Registration is not required.

If you need special accommodations please contact Kathy Vuoncino at Vuoncino@nvnet.org or call 201-767-7224 ext. 6

Child Care is not available